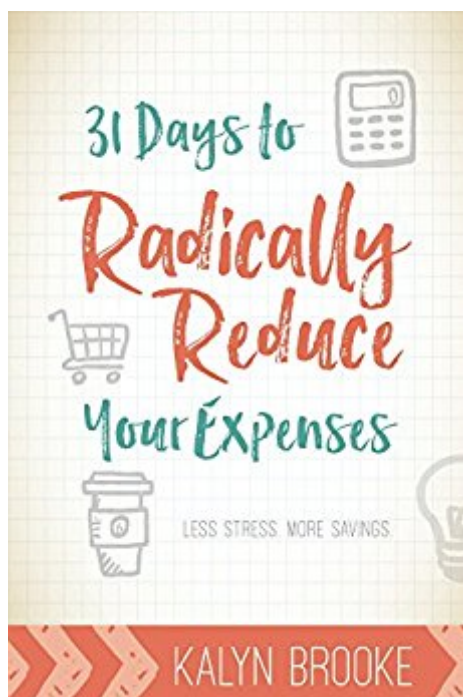


The book was found

# 31 Days To Radically Reduce Your Expenses: Less Stress. More Savings.



## Synopsis

With expenses like groceries, utilities, housing payments, and car insurance, there's not much left over to pay off debt, fund your retirement, or even take a dream vacation. What if there were an easier way to not only cut costs on things you need but also make room for the things you actually want? 31 Days to Radically Reduce Your Expenses provides the tools you need to do exactly that—and so much more. As you explore the ideas packed inside these pages, you'll discover:- The one trick to never pay full price for gas again- How to get a refund on phone data you don't even use- The secret to a smaller mortgage payment- How to cancel your cable and still watch your favorite shows- The retail schedule every store uses to discount clothes—plus hundreds of other expense-reducing tips! Consider this your personal roadmap to find more money at the end of every month, make lasting change, and start saving for what truly matters. **FREE BONUS:** Also includes access to nine printable worksheets to help you apply everything you learn in a practical way.

## Book Information

File Size: 1127 KB

Print Length: 222 pages

Publisher: KB Creative Media, LLC (March 26, 2016)

Publication Date: March 26, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01DHORRPQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #36,509 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #20 in Kindle Store > Kindle eBooks > Business & Money > Personal Finance > Budgeting & Money Management > Money Management #94 in Books > Business & Money > Personal Finance > Budgeting & Money Management #5505 in Kindle Store > Kindle eBooks > Nonfiction

## Customer Reviews

Kalyn really knows her stuff! She helped me figure out the best way to save on our mortgage every month and gives amazing advice for saving money in some of the most commonly overlooked areas

like insurances, utilities, and car repairs! The worksheets are an added bonus!

I am someone who hates the idea of putting limits on spending and gets very overwhelmed with financial jargon. This book offered a fresh approach to saving money, with a focus on cutting back in places where you wouldn't even miss it. Its solutions were broken down in an easy-to-understand way, and left me feeling inspired to make positive changes that will leave me with more money for the things that really matter.

This book just saved me over \$400 in medical expenses alone. Unbelievable! I love step-by-step challenges so I grabbed this in an attempt to reduce our budget further. I should mention that we aren't big spenders. In fact, I would call us very money conscious. So, I was hoping to reinforce ideas that I already practiced but wasn't expecting to learn many new tricks. I was wrong. We sat down as a family and are working through each challenge together, and have significantly reduced our already low spending. In fact, we saved over \$400 in medical expenses on one challenge ALONE! Not bad for the price of the book! I highly recommend that you don't just read it like a book. Do each challenge as it's written and don't move on until you've completed it. You'll be impressed with your results if you do.

I am such a fan of Kalyn Brooke, I was actually part of her pre-launch test group, for which I was so grateful. Kalyn is both personable and encouraging, without being fake, and her writing really reflects that. If you have the opportunity to read this book, it is highly recommended by me. Even if you only can use one or two of the tips offered...you'll know your money was very well spent. With wedding season now upon us, this would also make a wonderful gift for a bride and groom, who are just starting out, in helping them to nip the budget problem before it gets out of control. As a middle-life married couple, my husband and I have struggled with debt, ourselves. Kalyn's book gave me the confidence I needed to approach my college loans, and other outstanding debt, and begin to tackle it, even though we live on a very modest fixed income. I am humbled and pleased to report that my \$15,000 student loan, that I had been carrying for seven years is no longer an issue.

This book guides the reader through every possibility I can think of to trim costs. If one reads many of this type of genre, nothing is really that new, but I found myself agreeing with everything. I found I have a similar style of what I am willing to sacrifice and what I will not.

Would be a good place to start if you have no idea how to save money. Much of the information is repetitive, such as "use coupons" or "stay home". Some of her tips are good if you have never read a money saving blog before, but most of the suggestions are common sense. I wouldn't say the book is garbage (like some other reviews), because it is well organized and probably good for someone out of college or someone who has never lived on their own. Wasn't a good fit for me.

I got absolutely nothing from this book which featured such gems as "call your insurance company and try to get a better deal" - stuff that anyone trying to live frugally has already read about and done over and over again. I really feel like I'd have done better to save my cash and just read a few blog posts online for free. I justified this purchase saying to myself that if even one tip saved me the cover price of the book then I would have done well. But unfortunately I not only am out the money for the book but also the time it took to read this set of overly simple, rehashed tips that everyone has already seen and thought of before. I guess if you are brand new to frugal living and it's never occurred to you to do an analysis of your spending, then you'll find some fat to trim. But I found nothing innovative here. I am only sad that I used up my no-rush shipping promotional credits to buy this as it means I can't return it for my money back - the promo credits don't get refunded upon return.

I hate giving bad reviews, but as someone who has been trying to save money for years know, all this information is either common sense or something you can find online with a quick search. In my opinion it is not really worth the money. Even someone who is just starting to learn how to reduce their expenses can easily find this info online for free.

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